



Happy
Krishna Janmashtami!

Krishna Janmashtami

Hinduism

[krish-nuh-jan-maash-tuh-mee](#) 

Krishna Janmashtami (lit. “Occasion of the birth of Krishna”) celebrates the birth of Krishna, who was born at midnight on this date. Krishna is considered the supreme personality of the Godhead Vishnu and is particularly significant for Gaudiya Vaishnavism. Practitioners believe that Krishna returned to lead the world, which had fallen into chaos and evil, back to the right path.



This collection of information sheets on major holidays and cultural events is a joint partnership of the School of Information staff, the Office of Diversity, Equity, and Inclusion, and the Office of the Provost. Facts have been vetted by U-M’s Association of Religious Counselors (ARC), and other campus groups. Public feedback is welcome; please email DEIHolidayFacts@umich.edu.

Date

- The festival falls during the Hindu lunisolar month of Bhadrapada (in August or September).
- Check the [Calendar Index](#) for Religious Holidays during the current academic year for the exact date.

Greetings

“Happy Krishna Janmashtami” is appropriate.

Common Practices and Celebrations

- Social gatherings that feature group singing, dancing, and dramatic performances
- Temples and household shrines are decorated
- Night vigils
- Kite flying
- Fasting

Common Dietary Restrictions

- Some Hindu practitioners may be observing all-day fasting.
- Some Hindu practitioners adhere to a lacto-vegetarian diet which excludes meat, fish, and eggs.

Impact to U-M Community

- Link to [U-M Guidance Regarding Conflicts](#).

U-M Campus Resources

- [Maize Pages - Hindu](#), U-M
- [Association of Religious Counselors](#), U-M

Information Sources

- [Wikipedia](#)
- [Krishna Janmashtami](#), LearnReligions.com
- [Know About Krishna Janmashtami](#), iskcondwarka.org

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