



# Eid Mubarak!

# Eid al-Adha

Islam

[Eid ul-Ad-ha](#) 

Eid al-Adha is the latter of the two Islamic holidays celebrated worldwide each year, and considered the holier of the two. Also called Tabaski, it honors the willingness of Abraham [peace be upon him] to sacrifice his son Ismael as an act of obedience to God's command.

## Date

- In the Islamic lunar calendar, Eid al-Adha falls on the 10th day of the 12th and final month of the Islamic calendar in which pilgrims from all around the world congregate at Mecca , and lasts for four days.
- Check the [Calendar Index](#) for Religious Holidays during the current academic year for the exact date.

## Greetings

To recognize the Eid with colleagues or friends, you can say, "[Eid Mubarak](#)", the Arabic greeting which means "blessed Eid."

## Common Practices and Celebrations

- The celebration begins with morning prayers.
- Celebrants then visit family and friends and exchange gifts and feasts.
- Those who can afford it slaughter a sheep, cow, goat, buffalo or camel and share the meat with those less fortunate.

## Common Dietary Restrictions

- Many Muslims follow halal food guidelines, meaning food that is permissible by Islamic standards.
- Vegetarian meals prepared without alcohol meet halal standards.

## Impact to U-M Community

- Muslim colleagues and students may request to take the first day of the celebration off. Colleagues and remote students in Muslim countries will likely have a national holiday.
- Link to [U-M Guidance Regarding Conflicts](#).

## U-M Campus resources

- [Maize Pages - Muslim](#), U-M
- [Association of Religious Counselors](#), U-M
- [Reflection Rooms](#)

## Information Resources

- [Wikipedia](#)
- [CNN](#)

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This collection of information sheets on major holidays and cultural events is a joint partnership of the School of Information staff, the Office of Diversity, Equity, and Inclusion, and the Office of the Provost. Facts have been vetted by U-M's Association of Religious Counselors (ARC), and other campus groups. Public feedback is welcome; please email [DEIHolidayFacts@umich.edu](mailto:DEIHolidayFacts@umich.edu).